

Autumn, my favorite time of year, is upon us... kids have gone back to school, autumn ciders and ocktoberfest beers are in the grocery stores, Halloween decorations are adorning homes, and the nights are cool and crisp. These sights and smells bring a smile to my face.

All of you who took the time to complete my class survey have also brought me great joy. From the depths of my heart, THANK YOU! The feedback was incredibly helpful. In the upcoming weeks a schedule of classes including space clearing and manifestation will be announced.

Congratulations to Lynne! She is the winner of the free 30-minute reading!

I'd also like to announce I am officially doing parties again! If you are interested, call soon as dates are filling up quick!

If you haven't checked out my new website (www.dawn-lynn.com); blog (www.lifeofamedium.com); facebook page, twitter, pinterest or instagram all @RevDawnLynn, please do! Also, if there is anything you would like to see more of... please let me know. Lots of new and exciting opportunities have come into my life and the upcoming months promise many more. This is thanks to many of you (and of course spirit!) Thank You and Many Blessings!

Reverend Dawn Lynn

THE JOURNEY TO ME BEGINS WITH CENTERING

Many individuals start studying mediumship because they already are or want to receive messages from Spirit. They want to hear. They want to see. They want to feel. I was there once, I understand – receiving messages is exhilarating, the adrenaline flows, and it brings on a feeling of faith and hope.

Learning to communicate with spirit, however, is a process and it is my belief that every individual needs to learn the **basics**. Skipping over the basics (grounding, protecting, centering and allowing), an individual leaves themselves vulnerable to any and **all** spirits. This can be mentally, spiritually and in rare instances physically dangerous. It is why, as a teacher, I emphasize (and some might say harp on) the importance of learning the basics of mediumship **FIRST**.

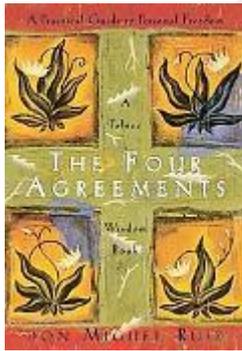
Of all the basics, *centering* which is often overlooked and commonly lumped in with grounding and protection is **most important** (in my humble opinion).

Unfortunately, centering is also the most difficult to describe as it is that balance between being grounded and being connected to spirit and is the ability to hold your personal power, without the ego stepping in. This is difficult to “master” because it requires an individual to work through their own, using verbiage coined by Eckhart Tolle and Don Miguel Ruiz, “pain-bodies” and “agreements” to receive unfiltered messages from spirit. This is **HARD** work that often takes a **LIFETIME** (or several)! But, it is also very important work for it aids in your personal unfoldment and ensures the messages you receive are pure, from Spirit, and free of ego.

This may seem like a tremendous undertaking... and it is. But, that doesn't mean you shouldn't try. To be honest, I still struggle with centering, **EVERY DAY**. But, it has also been the one basic that I can honestly say, changed my life as it applies to everything I do.

To work on centering, I recommend the following books: Opening to Channel by Sanaya Roman; A New Earth by Eckhart Tolle; The Four Agreements by Don Miguel Ruiz; and, The Secret by Rhonda Byrne.

**FEATURED
BOOK OF THE MONTH**



*The Four Agreements: A Toltec
Wisdom Book*
By Don Miguel Ruiz

This inspiring book published in 1997, has impacted countless individuals and assisted them in their journey for personal enlightenment.

By implementing the four simple agreements you too can change the way you approach all situations and ultimately change your life.

What are the four agreements?
Be Impeccable With Your Word
Don't Take Anything Personally
Don't Make Assumptions
Always Do Your Best

As you read this book, I challenge you to reflect and begin implementing these agreements. It is hard because we've lived with many of our prior agreements since birth, but continue your efforts as it will change your life.

For additional resources, go to:
www.pinterest.com/revdawnlynn

UPCOMING EVENTS & CLASSES

Readings at New World Gifts

New World Gifts, a metaphysical store that opened in May in the heart of Williamsville, is a quaint store with tremendous energy. The shop features readers and classes and is full of unique goods!

When: Fridays, September 6th, 13th, 20th & 27th from 1pm – 5pm
Where: New World Gifts, 5655 Main St, Williamsville, NY
Cost: 15 min: \$35, 30 min: \$55, 60 min: \$90

Unlocking the Mysteries of the Tarot

These monthly workshops are designed for individuals that are familiar with the Tarot, but would like to use this tool more effectively for themselves and others. Each session is broken up into an educational and practice phase, so bring your cards! In September, we will be delving into the meaning of the court cards. Please RSVP for more details and location.

When: Monday, September 16th from 7pm – 9pm
Where: Amherst, NY
Cost: \$10

Journey to Me

This is a monthly circle, open to all individual who are interested in opening themselves to spirit and developing their mediumship skills. Join myself and like minded individuals as we work together to get in tune with ourselves and the higher powers.

When: Tuesday, September 24th from 7pm – 9pm
Where: Harlem Road Community Center
Cost: Love Donation

Journey of the Fool

During this four-day intensive introduction to the tarot you will learn about the four suits, how numerology impacts the “story” the cards tell and how to read for yourself and others.

When: Friday, October 18th from 7pm – 9pm
Saturday, October 19th from 10am – 4pm
Sunday, October 20th from 10am – 2pm
Wednesday, October 30th from 7pm – 9pm (optional)
Cost: \$144

For More Information, go to:
<http://www.dawn-lynn.com/calendar.php>