

Happy October!

Kids trick or treating aren't the only things that go bump in the night this time of year. It's also the time of ghosts, goblins, Spirits and Saints. With the veil between the earthly and ethereal plane thin, many spiritual beings walk amongst us hoping to reconnect with loved ones or enjoy the vices of humanity once more.

Most of these beings are harmless, and can be good fun. I'm looking forward to meeting up with them through table tipping, a hayride and ghost hunt!

I encourage you, while the veil is thin, to create your own connection to the Spirit realm. Check out my Pinterest page, www.pinterest.com/revdawnlynn for ideas how. I'll be adding tips, tools and inspiration regularly to assist you on your path to personal enlightenment.

Many blessings! And remember, don't be afraid of the things that go bump in the night, for as my grandfather often said "It's not the Spirits that can hurt you, it's the living!"

Reverend Dawn Lynn



LET'S GET PHYSICAL

What is physical mediumship? It's what gave birth to the modern Spiritualist faith in the United States. The Fox Sisters (Leah, Maggie and Kate) heard "rappings" within the walls. The girls questioned the rappings, which to their surprise, responded intelligently by first mimicking the girls and then responding to yes/no questions and ultimately spelling answers.

This form of mediumship was popular in the late 19th and early 20th century and is still prevalent today in the form of Spirit Boards (Ouija Boards). Other such occurrences of physical mediumship such as: table tipping or the levitation of a table; direct voice typically through a spirit trumpet, transfiguration or the appearance of a spirit over a medium's face; and, apports or the materialization of objects, however have become rare.



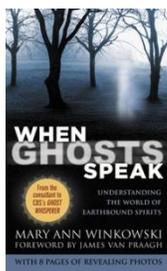
The obscurity of this form of mediumship is likely due to the fact that it takes a tremendous physical toll on the medium. Unlike in mental mediumship in which the medium acts as a conduit and Spirit energy flows through, in physical mediumship the medium serves as the energy source, or battery. If not properly prepared, this is draining. Unfortunately, like anything worthwhile, conditioning oneself for such an endeavor requires a great deal of time, dedication and practice. Now, however, with the veil being thin and Halloween, Samhain, the Day of the Dead, All Saints Day, and All Souls Day right around the corner, is the ideal time for experimentation for Spirits require less of the medium's energy to appear.

That being said, I encourage you, novice or experienced medium, to explore physical mediumship as it offers evidential proof of the existence of Spirit and our interconnectedness. Be sure, however, to embark upon it with respect and exercising the fundamentals. For tips how, refer to my August Newsletter.

For more information, got to:

<http://www.ghostcircle.com/physical.html>

FEATURED BOOK OF THE MONTH



*When Ghosts Speak:
Understanding the World of
Earthbound Spirits*
By Mary Ann Winkowski

We've seen the dramatization of her life in the television series, *The Ghost Whisper*, but in this book published in 2007, Mary Ann Winkowski tells the whole story. In reading this book you'll discover that Mary Ann is just like your mom, your sister, your daughter, your friend, you... except she sees earthbound spirits.

What are earthbound spirits and how do they differ from other spirits? In this book, Mary Ann tells you as well as provides anecdotes from her life.

Are things going bump in the night? And, have you wondered whether you, your family or your house are haunted? Mary Ann also provides you with tell-tale signs of a haunting. AND, she gives you tips of what to do about it if there is a ghost around.

For more interesting reads, go to:
www.pinterest.com/revdawnlynn

UPCOMING EVENTS & CLASSES

Readings at New World Gifts

This unique shop features readers, classes and is full of uplifting goods! I'm there every Friday!

When: Fridays, October 4th, 11th, 18th & 25th from 1pm – 5pm
Where: New World Gifts, 5655 Main St, Williamsville, NY
Cost: 15 min: \$35, 30 min: \$55, 60 min: \$90

Unlocking the Mysteries of the Tarot

This monthly workshops is designed for individuals that are familiar with the Tarot, but would like to use this tool more effectively. In October, we will be exploring astrology in the tarot.

When: Monday, October 21st from 7pm – 9pm
Where: Amherst, NY
Cost: \$10

Journey to Me

This monthly circle is open to all individuals interested in opening themselves to spirit and developing their mediumship skills. Join us as we work to get in tune with ourselves and the higher powers.

When: Tuesday, October 22nd from 7pm – 9pm
Where: Harlem Road Community Center
Cost: Love Donation

Journey of the Fool

During this four-day intensive introduction to the tarot you will learn about the four suits, how numerology impacts the "story" the cards tell and how to read for yourself and others.

When: Friday, October 18th from 7pm – 9pm
Saturday, October 19th from 10am – 4pm
Sunday, October 20th from 10am – 2pm
Where: Amherst, NY
Cost: \$144

Spirit Boards, Table Tipping, Séance... Oh MY

Interested in physical mediumship? This is an event for you! We'll be putting our minds and bodies to work tipping tables and spirit boards. Come and see Spirit dance.

When: Thursday, October 31st at 7pm
Where: Amherst, NY
Cost: \$10

Hearthstone Manor Psychic Fair

With superb readers and vendors, this fair is designed to create an open environment for people to explore their spirituality.

When: Saturday, November 2nd from 11am – 8pm
Sunday, November 3rd from 11am – 6pm
Where: Hearthstone Manor, 333 Dick Rd, Depew, NY
Cost: \$7 admittance fee + reading fee (optional)

Starting in November, I'll be offering *EveryDay Mediumship* at Awakenings and *Manifest Your Dreams* in Amherst.

For More Information, go to:

<http://www.meetup.com/JourneytoMe>