

This time last year as we approached the end of the Mayan calendar, some feared the “end of the world” was upon us. I believed then as I do today, that the world as we knew it DID come to an end allowing a new era to begin. This new era is one of awakened individuals. I have seen it in my clients, friends, family and myself. I am grateful to be part of that awakening. It required, however, a “death” of my own.

The “death” I experienced was leaving my “day” job to pursue mediumship and teaching full-time. Up until this year, I’d been in the mindset that I *needed* a 9-5 job with a consistent paycheck. I made excuses that it “kept me grounded” and allowed me to “do it because I loved it not because I had to.” Unfortunately, the “day” job interfered with this work. After a lot of soul searching, I walked away from the daily grind and embraced teaching and reading. It brings me purpose and happiness. I haven’t looked back.

As we enter the New Year, may you discover and pursue that which brings YOU purpose. Happy Holidays from my family to yours!!

Reverend Dawn Lynn

New Year, New You



As the end of the year and New Year approaches, many reflect upon where they are and where they want to be. Many then make New Year’s resolutions to improve the next and upcoming years. My family is no different.

As a society, we do this every year. Unfortunately, while many of us start out with good intentions, be it to lose weight or quit smoking, after a short period of time many of us fail and go back to our old habits. Year after year, many make the same resolutions. Again, my family is no different!

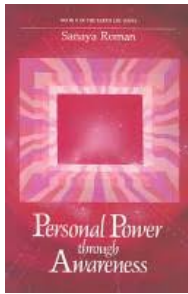
This year, in an attempt to be successful, I’m going to and I encourage you to approach my New Year’s resolutions in a different manner. Rather than identifying “bad” behaviors and facets of myself that I don’t like and change those things, this year I’m going to focus on what I DO want in my life and identify the steps necessary to obtain those goals. It’s a simple mind trick to accomplish the same outcomes, but psychological studies suggest that those who focus on the positives are more successful.

So to start this journey, over the next couple of weeks my husband and I (and encourage you) will envision what we hope to accomplish in 2014. We’ll be having lengthy discussions about what we want and will then scour through magazines to find images that depict these desires to create a dream or vision board. This visual will remind us daily on what we want. For more on dream boards, go to: www.pinterest.com/revdawnlynn

Dreaming, however, is just the beginning. Studies have shown that while having a vision assists in a person’s success, the person must also identify steps or SMART (Specific, Measurable, Attainable, Realistic and Timely) objectives to get them there. As a result, in addition to the dream board, we will also be creating measurable action steps to guide us on our path. For more on how to do that: <http://www.psychologytoday.com/blog/the-blame-game/201205/throw-away-your-vision-board-0>

May you find these resources helpful! And have fun creating the new you!

**FEATURED
BOOK OF THE MONTH**



*Personal Power through Awareness:
A Guidebook for Sensitive People*
By Sanaya Roman

Theodore Roosevelt is quoted as saying "Nothing in the world is worth having or worth doing unless it means effort, pain, difficulty... I have never in my life envied a human being who led an easy life. I have envied a great many people who led difficult lives and led them well."

Perhaps because of this, or our Puritanical background, many of us believe that life must be hard and we deserve our struggles. This is NOT what I have found and as Sanaya Roman states in her book, *Personal Power through awareness*, "When you operate from intuition things always happen easily."

In this book, Sanaya Roman identifies areas in our lives where we allow others and ourselves to create unnecessary challenges. She also identifies ways in which we can simply overcome these imagined challenges by using our intuition.

While reading this book, I encourage you to identify where you can make simple changes. These small changes will likely greatly impact your life and your happiness.

UPCOMING EVENTS & CLASSES

Readings at New World Gifts

When: Fridays, December 6th, 13th & 20th from 1pm – 5pm
Saturday, December 14th from 1pm – 4pm
Where: New World Gifts, 5655 Main St, Williamsville, NY
Cost: 15 min: \$35, 30 min: \$55, 60 min: \$90

Every Day Mediumship

This monthly circle is open to all individuals interested in opening themselves to spirit and developing their mediumship skills.

When: Monday, December 9th from 6:30pm – 8:30pm
Where: Awakenings, 21 S Grove St, Suite 270, East Aurora, NY
Cost: \$15

Unlocking the Mysteries of the Tarot

This monthly workshop is designed for individuals that are familiar with the Tarot, but would like to use this tool more effectively. In December, bring your questions!! I probably have the answers.

When: Monday, December 16th from 7pm – 9pm
Where: Amherst, NY
Cost: \$10

Mediumship Development Circle

This monthly circle workshops is designed for intermediate to advanced students of mediumship. During these sessions we practice message passing and hone our mediumship skills.

When: Monday, January 6th from 6:30pm – 8:30pm
Where: Awakenings, 21 S Grove St, Suite 270, East Aurora, NY
Cost: \$15

Niagara Falls Psychic Fair

When: Saturday, January 11th from 11am – 8pm
Sunday, January 12th from 11am – 6pm
Where: Elks Lodge #346, 1805 Fashion Outlet Blvd, Niagara Falls, NY
Cost: \$7 admittance fee + reading fee (optional)

Starting in January, *Manifest Your Dreams*, a monthly circle to help you use the Law of Attraction!! Also, a *Pathways to Spirit* circle is now forming. If you are interested, please contact me.

For More Information or to Register, go to:

<http://www.dawn-lynn.com/events--calendar.html>

Still looking for the perfect holiday gift? Consider a Reading with Reverend Dawn Lynn! Gift certificates are available.

For more information, go to: www.dawn-lynn.com

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