

DAWN LYNN

Happy August!! I hope you have been having an enjoyable summer!! It's hard to believe summer is already half over.

Lots is going on in my world! My website (www.dawn-lynn.com) has had a facelift, I've re-launched my facebook page (www.facebook.com/RevDawnLynn), and debuted a blog (www.lifeofamedium.com) designed to give a glimpse into my world. If you haven't had an opportunity to check them out, please do!

Beginning in August you'll find me on Friday's from 1pm – 3pm at *New World Gifts* in Williamsville. While there, I will be offering readings. Please stop in to say Hi and check out the beautiful and unique goods.

Throughout the fall I will be expanding the types of workshops offered. Please help me develop classes of interest to you by completing this survey (<http://www.surveymonkey.com/s/2L5N9V9>). For completion of the survey, you will be entered into a drawing for a free 30 min reading!

With so much going on, in an effort to keep myself grounded and centered, I've spent time in Lily Dale, attending a class, walking the labyrinth and taking in the serenity. If you haven't been there, I highly recommend taking the quick hour drive down. It's well worth it!

Dawn Lynn

SPIRITUAL PRACTICE – IT'S A PARTY!

Over the past several months I've received a number of e-mails and phone calls from individuals seeking advice on creating sacred space or requesting I come out and perform a house blessing.

These requests prompted me (with spirit's guidance of course) to lead a conversation about spiritual protocol during a recent Journey to Me(diumship) circle. It was during this circle, I realized many students had gaping holes in their practice of communing with spirit – be it through message circles, the tarot, table tipping or the Ouija Board.

Here are some pointers for your spiritual practice:

- **Send out Invitations:** Spirit is your Guest! Hence, it only makes sense you have to invite them in. How do you do this? Prayer and intent.
- **Hire a Bouncer:** Your spiritual party should be small limited to the loved ones and guides of those present in the circle. If you open the doors too wide, you might find yourself feeling like that teenage kid that invited a couple friends over because his parents are out of town and suddenly finds whole school at his house. This is never pleasant can create an awful mess to clean up. That's why you need a bouncer. Your bouncer can be your god/goddess, your guide, the archangels or the four corners. It doesn't matter who you name, but task someone through intent and prayer.
- **Get the Party Started:** It's important that you raise the vibration and get everyone feeling good. This can be done through meditation, music and even laughter.
- **Pay Attention to Your Guests:** Spirit wants to be acknowledged, so talk to and about them.
- **Till We Meet Again:** Say goodbye, thank them, and schedule your next party!
- **Roll Up the Carpet:** Kick out those stragglers and close the door through prayer and intent.
- **Neighborhood Watch:** Ask your bouncer to keep an eye open and make sure no rogue guest decides to drop in. That is until the next party.

FEATURED BOOK OF THE MONTH

The Five People You Meet in Heaven
By Mitch Albom

This short novel (only 208 pages) published in 2003, begins with the death of Eddie, a maintenance man at an amusement park. He awakes in heaven and similar to the journey Ebenezer Scrooge takes in Charles Dickens' infamous *Christmas Carol*, Eddie takes a reflective journey through his life.

On this journey, Eddie encounters five people who significantly impacted him while he was alive. Some of the people, such as his wife Marguerite, are expected. Others, such as the Blue Man whose name eluded him, are not.

Through Eddie's journey, the reader begins to recognize the importance of every encounter in our lives. Each of our experiences, big or small, impact who we are and how we perceive ourselves to be. As portrayed in the novel, sometimes the most significant events in our lives are small occurrences that we might not even recognize.

As you read this book, I challenge you to reflect. Who are the five people you'll meet in heaven and why? Whose life have you impacted and who has impacted you? If any of these people are still around, I encourage you to reach out to them and offer your words of gratitude. For good or bad, they've made you who you are.

UPCOMING EVENTS & CLASSES

Readings at New World Gifts

New World Gifts, a metaphysical store that opened in May in the heart of Williamsville, is a quaint store with tremendous energy. The shop features readings and classes and is full of unique goods!

When: Thursday, August 8th from 1pm – 3pm
Fridays, August 16th, 23rd & 30th from 1pm – 3pm
Where: New World Gifts, 5655 Main St, Williamsville, NY
Cost: 15 min: \$25, 30 min: \$50, 60 min: \$90

Unlocking the Mysteries of the Tarot

These monthly workshops are designed for individuals that are familiar with the Tarot, but would like to use this tool more effectively for themselves and others. Each session is broken up into an educational and practice phase, so bring your cards! In July, we will be exploring the astrological meanings of the cards. Please RSVP for more details and location.

When: Monday, August 19th from 7pm – 9pm
Where: Amherst, NY
Cost: \$10

Hearthstone Manor Psychic Fair

A regionally renowned event that features superb readers and vendors, the Hearthstone Manor psychic fair is designed to create an open environment for people to explore their spirituality through readings, conversations and unique goods. Stop in and see what spirit may have in store for you!

When: Saturday, August 24th from 11am – 8pm
Sunday, August 25th from 11am – 6pm
Where: Hearthstone Manor, 333 Dick Rd, Depew, NY
Cost: \$7 admittance fee + reading fee (optional)

Journey to Me

This is a monthly circle, open to all individuals who are interested in opening themselves to spirit and developing their mediumship skills. Join me and like minded individuals as we work together to get in tune with ourselves and the higher powers.

When: Tuesday, August 27th from 7pm – 9pm
Where: Harlem Road Community Center
Cost: Love Donation

For More Information, go to:

<http://www.dawn-lynn.com/calendar.php>

If you no longer wish to receive my newsletter, please respond to this email with "UNSUBSCRIBE."